



Garden and Bee Therapy
by
Alej na Prameni

APIGARDENTHERAPY

international conference

February 28, 2026
10:00–14:00 (Zoom)

Dear colleagues, friends, and partners,

We are pleased to invite you to the international online conference presenting the results of the Project: “**Health Tourism: Garden and Bee Therapy for Ukrainian Women and Children’s Mental Health**” implemented with the support of the **International Visegrad Fund (V4 countries of the EU)** Project ID: 22510239. The event will also include the presentation of the **Wellness Tourism Model incorporating Garden and Bee Therapy practices**.

Participation: free of charge upon prior registration.

PROGRAMME

10:00–10:10 | Opening and Welcome Address – Olgert-Michael Peter, Project Manager, International Visegrad Fund (Language: English)

10:10–10:20 | Project Results Overview – Jana Vernarcová, Chief Project Coordinator (Language: Slovak)

10:20–11:00 | Presentation of the Wellness Tourism Model Incorporating Garden and Bee Therapy – Leonora Adamchuk, Project Coordinator (Ukraine)
(Language: Ukrainian)

- *Presentation of the Handbook “Wellness Tourism with Garden and Bee Therapy Applications”*
- *Integrating mental health into green tourism practices*
- *Experience of international partners*

11:00–12:00 | Thematic Sessions

Apitherapy and Bee Products in Supporting Mental Health and Quality of Life – Svitlana Volynets, Project Expert (Language: Ukrainian)



Aromatic Garden and Medicinal Plants: Selection of Plants for Therapeutic Spaces – Svitlana Adamchuk, Project Expert (Language: Ukrainian)

Therapeutic Apiaries as an Innovative Format of Nature-Based Psychosocial Support – Svitlana Volynets, Project Expert (Language: Ukrainian)

Social Challenges in V4 Countries and Ukraine: An Analytical Overview in the Context of Apigarden Therapy – Olha Tkach, Project Expert (Language: Ukrainian)

12:00–12:40 | Special Session: Healthy Nutrition

Nutrition as a Key Component of Wellness Tourism – Olena Ochkolias, Invited Expert in Food Technologies (Language: Ukrainian)

Bee Products in Contemporary Nutritional Strategies – Nataalka Poturai, Project Expert (Language: Ukrainian)

12:40–13:20 | Panel Discussion – space for free communication between participants

- *Future perspectives of wellness tourism in Europe*
- *Open Q&A session*

13:20–14:00 | Closing Session

Jana Vernarcová, Chief Project Coordinator (Language: Slovak)

Leonora Adamchuk, Project Coordinator (Ukraine) (Language: Ukrainian)

- *Conference conclusions*
- *Announcement of the final report and next steps*

Prepared within the framework of the project
**“Health Tourism: Garden and Bee Therapy for Ukrainian Women
and Children’s Mental Health”**,
implemented with the support of a grant from the **International Visegrad Fund
(V4 countries of the European Union)**.

Project implementation period: 20 June 2025 – 30 April 2026

Project ID: 22510239